

Jewish Family Service of Central New Jersey

is offering



SPECIAL NEEDS CAREGIVER'S & SIBLING'S SUPPORT GROUPS

Caregiver's Group

- ❖ Network opportunity with other parents/guardians
 - ❖ Receive support and guidance
- ❖ Learn about community opportunities and advocacy

Sibling's Group

- ❖ Opportunity for typical siblings to express feelings
 - ❖ Fun activities and pizza
 - ❖ Networking with others

| | Caregiver's Group | Sibling's Group (Ages 9 to 13+) |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| DATES: (2016 to 2017) | Sept. 28, Oct. 26, Nov. 30, Dec. 21, Jan. 25, Feb. 22, March 29, April 26, May 24, June 28 | Sept. 21, Oct. 19, Nov. 16, Dec. 21, Jan. 18, Feb. 15, March 15, April 19, May 17, June 21 |
| TIME: | 7:30 pm – 9:00 pm | 6:00 pm – 7:15 pm |
| LOCATION: | Jewish Community Center of Central NJ 1391 Martine Avenue Federation Conference Room, 2 nd Floor Scotch Plains, NJ 07076 | Jewish Family Service of Central NJ 655 Westfield Avenue Board Room, 1 st Floor Elizabeth, NJ 07208 |
| HELD BY: | Dr. Laura S. Weitzman, Ed. D. | Ms. Vangie Vargas, LCSW. |

For more information or to register, please contact
Laura Weitzman at (908) 352-8375 or email lweitzman@jfscentralnj.org

