

Watchung Hills Regional Municipal Alliance

2019 Great Pumpkin Certified 5K Run & 1 Mile Harvest Festival Fun Fitness Walk

WHRMA is a volunteer organization concerned about the consequences of
DRUG & ALCOHOL ABUSE in our communities of:
 Warren Township, Watchung Borough, Long Hill Township, & Green Brook Township.



STATE OF NEW JERSEY
 GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE

DATE: Saturday October 19th Run Registration 8:00 am Race Start: 9:00 am Walk Registration/Start 9:00 am or 1:00pm-3:00pm	LOCATION: WATCHUNG LAKE Phillips Field - Brookdale Road Watchung, NJ Mobus Field	ENTRY FEE due OCT 3RD Received on or Before Oct. 3rd - Run - \$25.00 Walk - \$10.00 Adult Walk - \$5.00 Kids 14 yrs & under Received After Oct. 3rd Run - \$30.00 Walk-Same as above Register by 10/3 & receive a T-shirt After 10/3 only while supplies last.
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5K Prize Categories

Medals First, Second & Third Place Winners					Awards:
Women		Men		Children	
15-19	40-49	15-19	40-49	14 & Under	Overall Adult Male & Female Winner \$50.00 gift certificate & trophy <i>All participants receive a goody bag</i>
20-29	50-59	20-29	50-59		
30-39	60 & Over	30-39	60 & Over		

MAKE CHECKS PAYABLE TO: WHRMA - Watchung Hills Regional Municipal Alliance
MAIL CHECKS AND APPLICATION TO: WHRMA 46 Mountain Blvd., Warren, NJ 07059
 Questions call: Alicia Carman 908-753-8000 ext. 294 or Jack Walsh 908-561-8883
On-site & on-line registration available www.runsignup.com or at www.runningintheusa.com

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THE WATCHUNG HILLS REGIONAL MUNICIPAL ALLIANCE 2019-5K RUN OR 1 MILE WALK REGISTRATION APPLICATION

Last Name		First Name	
E-MAIL Address			Gender <input type="checkbox"/> Male <input type="checkbox"/> Female
Home Address			Age as of 10/19/19
City/Town		State	Zip Code
Home #		Cell #	Birthdate
Activity: <input type="checkbox"/> Runner <input type="checkbox"/> Walker <input type="checkbox"/> Wheelchair <input type="checkbox"/> Donation			
Long Sleeve T-Shirt size (adult) <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra large			

Acceptance declaration:

- I hereby acknowledge for myself and/or my participating child, that I, my child's or mine/their heirs, executors and administrators waive and release any claims that may arise against The Watchung Hills Regional Municipal Alliance or their representatives or volunteers, successors or assignees for any injuries that may be suffered by me or by my child during this event.
- I further certify that I and/or my child are physically able to participate in this event.
- I further authorize the use of my name/photo or my child's name/photo for event publicity.

Signature: _____ **Date:** _____

Signature (Parent/Guardian signature if under 18)